

Checklist for Selecting Appropriate Activities

Consider:

- ___ Local context (the political situation, cultural sensitivities)
- ___ Number of participants
- ___ Participant background (culture, level of formal education, sector, class, religion, traditions)
- ___ Participant comfort level (will participants feel comfortable doing the activity at this stage of the workshop?)
- ___ Training workshop objectives
- ___ Workshop design (at what point in the workshop should you do this activity considering progression of concepts and building towards application and practice)
- ___ Time of day (effect on energy level, concentration)
- ___ Amount of time you have available (in the day, throughout the training)
- ___ Language (level, literacy, need for translation)
- ___ Room space and logistics
- ___ Materials and technology available/required
- ___ Participant experience in relation to the theme of the activity